



Yarn: 2 Skeins of Lion Brand Cotton Ease in Turquoise
 Needles: Size 8 US
 Gauge: 15 sts and 23 rows = 4 in. by 4 in. stockingette
 Finished Length: 24 in. length by 4 in. diameter

Additional Materials: Tapestry needle, 1/4 yd of coordinating light weight cotton or linen

Stitch Guide:

Cellular stitch in round (multiple of 3 stitches)

Row 1 & 3- knit

Row 2- *k2tog, yo, k1* (repeat from * to * until end)

Row 4- *yo, k1, k2tog* (repeat from * to * until end)

Stockingette stitch: knit every row

Skill Level: Beginner

Tips: sts=stitches

If you cast-on tightly try casting on with a larger needle then switching.

Exclusively designed by
 Tara Miller for Fabric.com

Designed to match our Yoga Water Bottle Cozy, the Yoga Mat Tote makes it easy and stylish to carry your mat to and from class. Knitted with cotton, this bag allows your mat to breathe preventing unseemly odor and also wicks away moisture. The light lace design at the top adds interest and allows the top of the bag extra stretch so your mat packs up easier. Grab your mat and go; don't worry about your mat unrolling in the car or in your closet when not in use. The extra long strap can be worn over on shoulder or slung across the chest for bike riding and rollerblading to class or park.

Tara Miller
 PATTERNS

Yoga





Loosely cast on 60 sts and join in the round, making sure not to twist.

Knit 4 rows

Purl 1 row

Begin Cellular stitch and knit until piece measures 6 in. ending with row 1 or 3.

Knit in Stockinette stitch until piece measures 24 in. in length.

Begin bottom flap

Next row: Knit 3 sts, bind off remaining sts to last 3 sts. Knit last 3 sts.

Knit first 3 sts again and turn.

(Increase row) Knit 1, M1, knit to last st, M1, K1

Next row: Knit

Repeat last 2 row until you have 22 sts.

Knit 4 rows

(Decrease row) K1, K2tog, knit to last 3 sts, K2tog, K1

Next row: Knit

Repeat last 2 rows until you have 6 sts. Bind off.

Turn your bag inside out and stitch your bottom flap to your bag and turn rightside out. Wet block, if needed, to show off eyelet pattern

Prepare your strap:

Cut a piece of fabric 34 in. by 4 in. Fold your piece in half lengthwise and press. Open and fold long edges towards your center crease and press. Fold in half again on crease and press (your raw edges will be tucked inside). Topstitch.

Double turn 1 in. on each end of the strap and topstitch. Machine sew your strap to the purl bumps at the top of your bag and to the bottom edge where the bag meets the bottom flap.

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