

# Barbara's Bloomers and Bonnet Set

By: Create Kids Couture



**Difficulty Level: Beginner**

**Materials Needed:**

- Fabric (see chart below for quantities needed)
- Scissors or Rotary Cutter
- Cutting Mat if using Rotary Cutter
- Ruler
- Pins
- Sewing Machine and/or Serger
- Elastic Thread (we recommend Stretch-Rite)
- 1/4" Elastic
- Iron

**Fabric Requirements:**

Size	Shorts Bloomers	Capri Bloomers	Leg Lace	Bonnet	Straps	Bonnet Ruffle
6-12 months	1/3 yard	1/3 yard	1 yard	1/4 yard	5/8 yard	1/8 yard
12-18 mos.	1/3 yard	1/3 yard	1 1/8 yards	1/4 yard	5/8 yard	1/8 yard
24 mos./2T	1/3 yard	3/8 yard	1 1/8 yards	1/4 yard	5/8 yard	1/8 yard
3T	1/3 yard	1/2 yard	1 1/8 yards	1/4 yard	5/8 yard	1/8 yard
4T	3/8 yard	1/2 yard	1 1/8 yards	1/4 yard	5/8 yard	1/8 yard
5T	3/8 yard	1/2 yard	1 1/8 yards	1/4 yard	5/8 yard	1/8 yard
6	3/8 yard	5/8 yard	1 1/4 yards	1/4 yard	5/8 yard	1/8 yard
7	3/8 yard	5/8 yard	1 1/4 yards	1/4 yard	5/8 yard	1/8 yard
8	1/2 yard	3/4 yard	1 1/4 yards	1/4 yard	5/8 yard	1/8 yard

The fabric requirements are based on the use of 4 different fabrics. If you decide to make the bonnet ruffle and bloomers out of the same fabrics (as shown in the main picture) you will add those measurements together. The same is true if you decide to make it all out of one fabric.

Size	Average Chest Size	Approx. Finished Length of Short Bloomers	Approx. Finished Length of Capris Bloomers
6-12 mos.	18"	8.5"	9"
12-18 mos.	19"	9"	9.5"
24 mos./2T	20"	10"	10.5"
3T	21"	10"	12"
4T	22"	10.5"	13.5"
5T	23"	11"	15.5"
6	24"	11.5"	17.5"
7	25"	12"	20"
8	26"	12.5"	22.5"

**Cutting the Fabric:**

Size	Leg Lace cut 2 Length x Width	Waist Elastic cut 1 3/4" wide	Leg Elastic cut 2 1/4" wide
6-12 mos.	17.25"	17"	10.5"
12-18 mos.	18.5"	17.5"	11"
24 mos./2T	18.75"	18"	11.5"
3T	19"	18.5"	12"
4T	19.5"	19"	12.5"
5T	20"	19.5"	13"
6	20.75"	20"	13.5"
7	22"	20.5"	14"
8	22.5"	21"	14.5"

Size	Small Bonnet Ruffle* cut 1 Length x Width	Large Bonnet Ruffle* cut 1 Length x Width	Straps cut 2 Length x Width
Small	2" x 40"	3" x 40"	20" x 3"
Medium	2" x 41"	3" x 41"	21" x 3.5"
Large	2" x 42"	3" x 42"	22" x 4"

**\*\*Note that the seam allowance when sewing will be 3/8" and it is included in the measurements above.**

**\*If using a serger, subtract .5" from the length of the ruffle.**

After cutting out all of the pieces you should have a pile similar to this.



## Cutting Out Bloomers:

When printing out the pants pattern piece make sure the "Auto Rotate and Center" Box is ticked and page-scaling is set to "None". This is VERY important. After cutting out the pattern pieces in the size we are making, tape the black lines together so they are one on top of another matching up the letters.

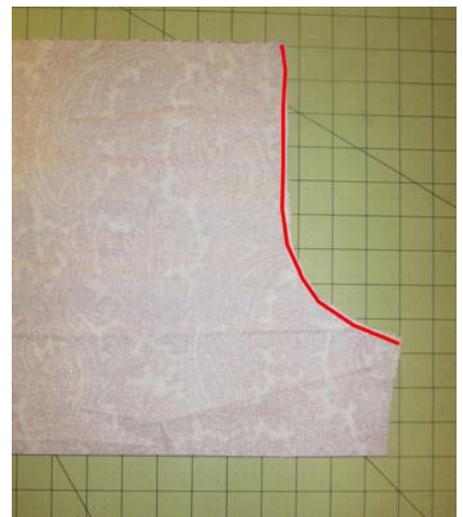


**Step 1 (optional):** Open up the fabric to its complete width and fold both ends in half width wise towards the center. Now fold that in half so both of the end folds are on top of one another.

**Step 2:** Put the pattern on top of the fabric on the side where both folds are and pin in place. Cut out. We should now have two legs cut out.

## Construction:

**Step 1:** Take both of the bloomer pieces and lay them right sides together and sew around both the curves exactly as shown in red to the left. Note that we only show one side, but the other side looks exactly the same.



**Step 2:** Line up the two crotch pieces, as shown to the right, with the right sides together, pin, and sew the pieces together as shown.

**Step 3:** Now we will be creating the waist band. Starting at the center of the back of our bloomers, fold the fabric back and press 1/4" down all the way around. Now we will fold it back an additional 1/2" and iron, pinning as we go making sure to match up seams at the side.



**Step 4:** Now we can sew the elastic casing at the waist. Sew 1/8" up from the bottom of our fold all the way around the waist being sure to leave a 1" opening as shown to the right. Do NOT add elastic yet!



**Step 5:** Using a safety pin, we may now thread our 1/4" elastic through the waist casing making sure that it doesn't twist while doing so. When we reach the end, sew the two elastic ends together again making sure that it is not twisted. Once sewn together, pull the

waist and spread the fabric around so it is evenly distributed. We can now sew the 1" opening closed

**If you are shirring the legs, continue below. If you are adding elastic to the legs, skip to Step 7.**

**Step 5:** Next we are going to do rolled hems on the bloomer leg openings as shown below. This is easiest if you have a serger, if you do not have a serger, we are still able to do it, it will just take a little longer. To do a rolled hem on a sewing machine we will fold the fabric back 1/4", sew, then turn it back another 1/4", and sew. It's very simple, just time consuming, but it is worth it! **If you are using elastic in the legs and not shirring them skip this step.**



We are now going to begin shirring.

We will keep our upper thread the same as what we have been using. We will then hand wind elastic onto an empty bobbin creating a little tension as we go. Don't make it too tight or it will not work properly. Put the bobbin in the machine. Put the stitch length at 3.5-5 and adjust the tension to 7. If this is your first time we suggest practicing on some scrap pieces. When we start sewing go slowly because sometimes elastic thread likes to flip causing it to go in the wrong direction. We also suggest using Stretch-Rite elastic thread. If you require additional help understanding how to shirr there are plenty of YouTube video tutorials available online.



**Step 6:** We can now begin shirring on the legs. We want the elastic to be on the inside so when we sew the fabric needs to be right side out. Also, be sure to backstitch at the beginning and end of every row. We will be using the sewing machine presser foot as the guide, so with the presser foot butted up next to the edge of the rolled hem (as pictured to the left) we will begin our shirring 3/8" up from the bottom of the leg. We will only shirr two rows and the second row will also be 3/8" up from the first row of shirring.

Here are two photos of the finished leg shirring. When we are done shirring, hit it with steam to make it shrink further. It's very important in making this outfit fit correctly!



**Step 7:** Now we will be making the casing for the elastic on the legs. Starting at the inside seam of one of our bloomer legs, fold and press 1/4" back all the way around the leg. Now we fold over an additional 1/2" down and iron, pinning as we go making sure to match up the seams.

**Step 8:** Now we can sew an 1/8" from the bottom of our

fold all the way around the entire leg being sure to leave a 1" opening as shown above.

**Step 9:** Using a safety pin, thread the 1/4" elastic through the leg casing making sure that it doesn't twist while doing so. When we reach the end, sew the two elastic ends together, again making sure that it is not twisted. Once sewn together, pull the leg and spread the fabric around so it is evenly distributed. We can now sew the one inch opening close. It will now look like the picture to the left. Repeat Steps 14-16 with the other leg.

**If adding lace to the legs, continue below. If not, you can skip to Step 12 to begin working on the bonnet!**

**Step 10:** Take your garment and begin pinning the lace ruffle so that it is 1/8" up from the hem on the inside of the garment as shown here. The top of the right side of the lace will be facing the bottom of the wrong side of the fabric. Pin it in place .





**Step 11:** We can now begin sewing our lace ruffle onto the piece by sewing directly over our roll hem stitch on the bottom of our garment as shown here.

Here is what the lace looks like from the inside. The red dots are where we stitch.



### **Bonnet Construction:**



**Step 12:** Take the ruffle and fold it in half widthwise with right sides together. Pin in place and sew down the short side.

**Step 13:** Next we are going to do rolled hems on the bottom of the ruffle. This is easiest if you have a serger, if you do not have a serger, we are still able to do it, it will just take a little longer. To do a rolled hem on a sewing machine we will fold the fabric back 1/4", sew, then turn it back another 1/4", and sew. It's very simple, just time consuming, but it is worth it!





**Step 14:** We are now going to gather our bonnet ruffle to sew it on. Set the sewing machine on the longest stitch length possible. Sew at the top of the ruffle 1/4" down from the top making sure not to backstitch at the beginning or end. Some seamstresses prefer to have two rows of stitching in case a thread breaks, however, if you are using high-quality thread as we do, then one row of stitching should be sufficient. Set aside.

**Step 15:** In this step we are going to be ironing our bias tape for the ties. Fold one end in 1/2" and iron to set. Now fold it in half length wise, and iron so we have a nice crease. Open the strip back up so the crease is going down the center. Now we will fold both of the long sides in so that they meet at the crease in the center and iron. Once ironed fold it in half again lengthwise like we did in the beginning; the original center crease we made will be along the bottom and the two folds will be lined up at the top. Sew down the long open side 1/8" in from the end. Do this step for both of the bias tape strips.



**Step 16:** Take the bonnet and lay it on a flat surface for reference on how wide our ruffle need to be. Begin gathering the ruffle by pulling the top 2 threads and moving the fabric back so it is gathered together to the width of the bonnet. When it looks like it is the right width, we can begin pinning the ruffle to the bonnet by putting the right side of fabric together and adjusting the gathers as we go. At this point we will know if it is gathered too much or too little and it is easier to adjust correctly. Be sure to match up the side seams of the ruffles with the side seams of the bonnet.





**Step 17:** We can now sew on the ruffles.

**Step 18:** Now we will be centering the ties on the sides of the bonnets. Pin in place and sew the ties on.

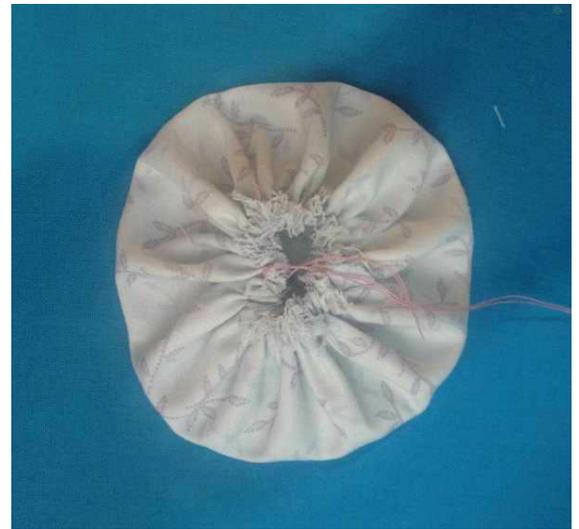


**Step 19:** We can now topstitch our ruffles. In this bonnet in particular, topstitching will help the ruffles lay flat and reinforce the ties. To topstitch, turn the ruffles out and sew 1/8" up from where we attached the ruffles, being sure to catch the seams.



**Step 20:** Take the large flower circle and sew a gathering stitch 1/4" in from the outside around the entire circle. Do not backstitch at the beginning or end.

Pull the top two threads while gently pushing the fabric back and it will start to fold in on itself creating a yo-yo. Once it is gathered as much as it can be, tie the threads off and set aside.



**Step 21:** Find where you would like your flower to go and pin your large yo-yo there. Place a button on the top of the gathered part of the yo-yo and sew through all the layers multiple times securing the buttons and yo-yo in place. Make sure you use a button that's big enough to cover the gathered part of your yo-yo.

You are now done and you completed it in just 21 steps!!! Was that simple or what!?! Here are some more pictures of these bloomers and bonnet completed.



Thank you for purchasing a Create Kids Couture original pattern! If you have any questions or concerns, do not hesitate to e-mail us at [CreateKidsCouture@gmail.com](mailto:CreateKidsCouture@gmail.com)

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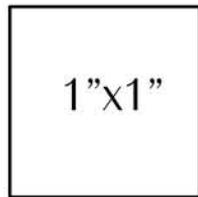
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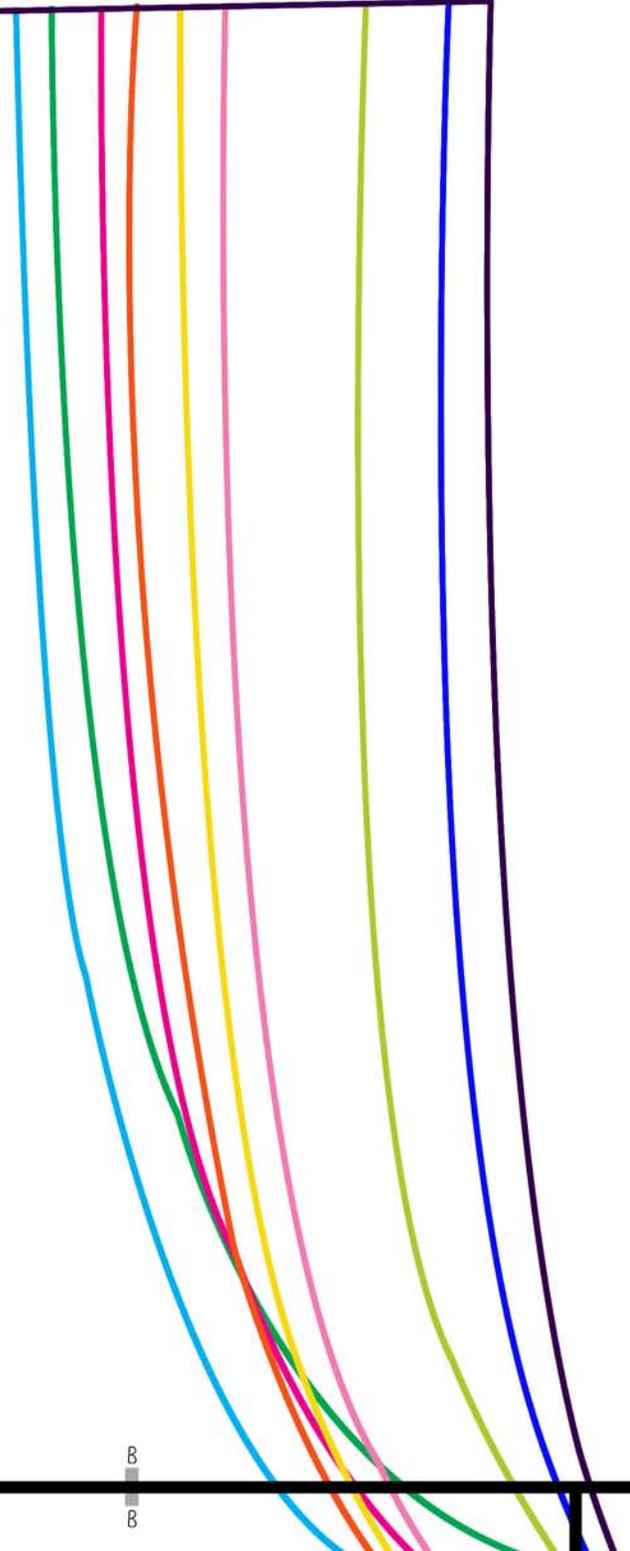
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CKC  
Barbara's Bloomers/Capri  
Pattern  
(cut 2 on fold)



A  
A

B  
B



A  
A

B  
B

6-12m BLOOMERS

6-12m CAPRI

12-18m BLOOMERS

12-18m CAPRI

24m/2T BLOOMERS

3T BLOOMERS

4T BLOOMERS

24m/2T CAPRI

5T BLOOMERS

6 BLOOMERS

7 BLOOMERS

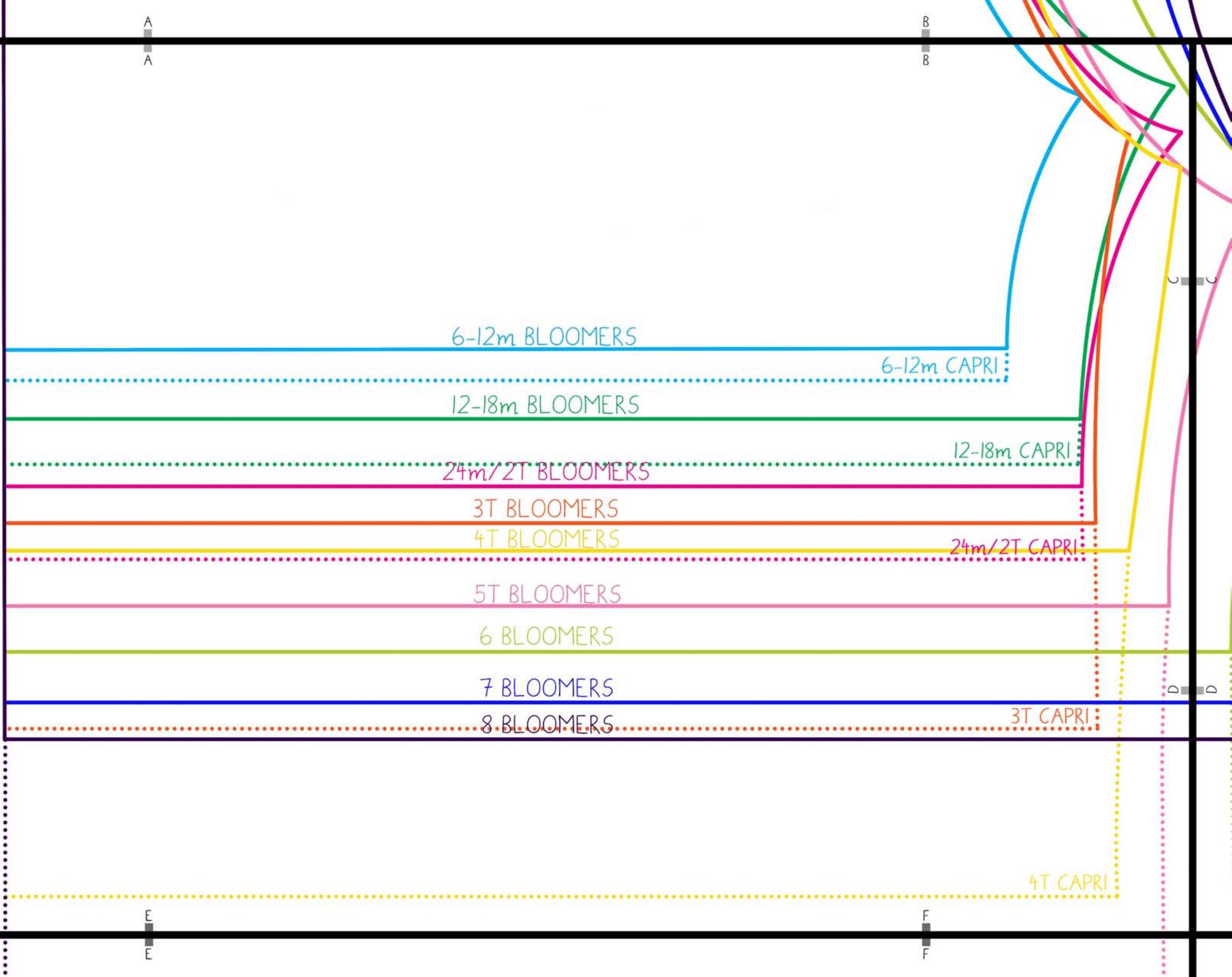
8 BLOOMERS

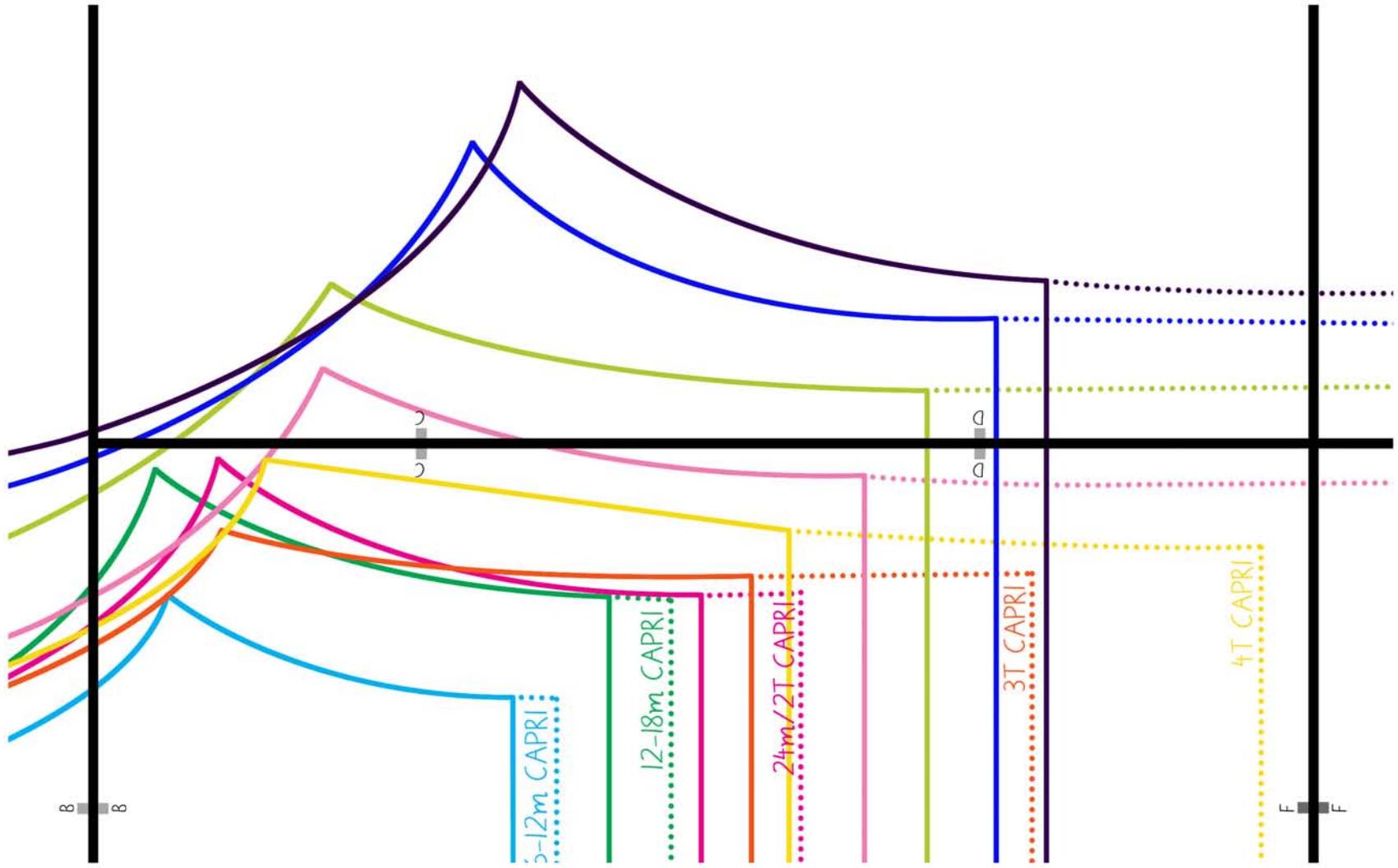
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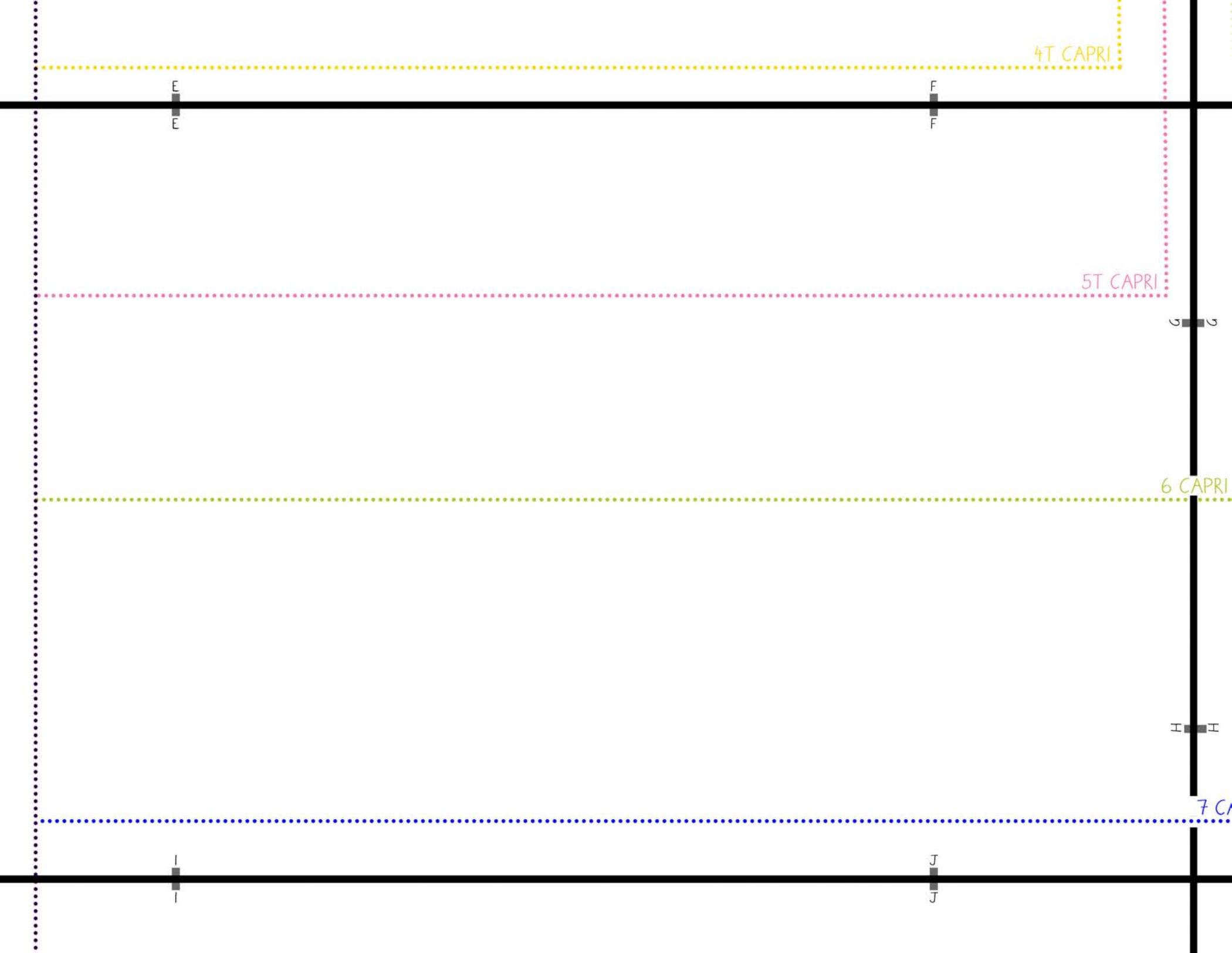
4T CAPRI

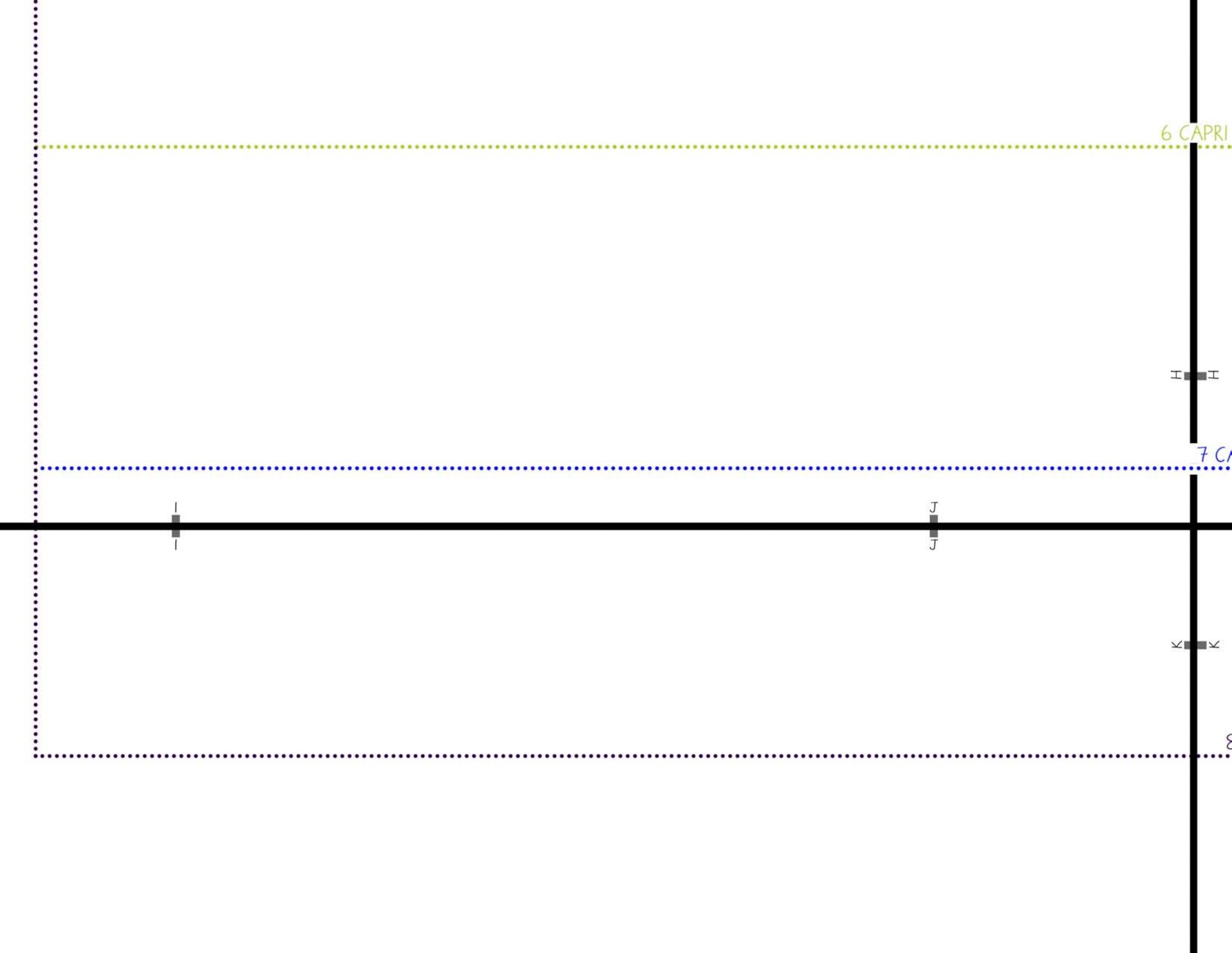
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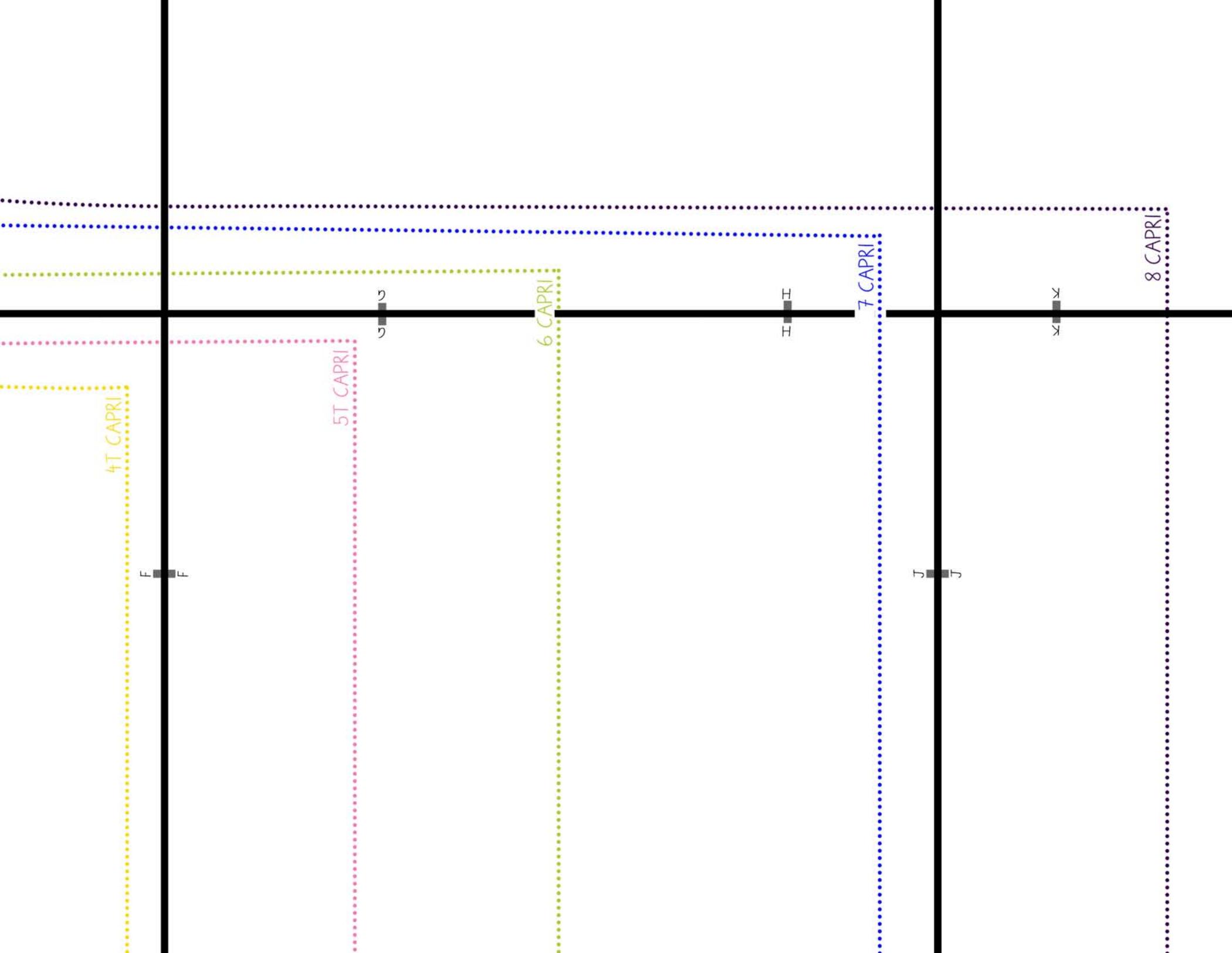
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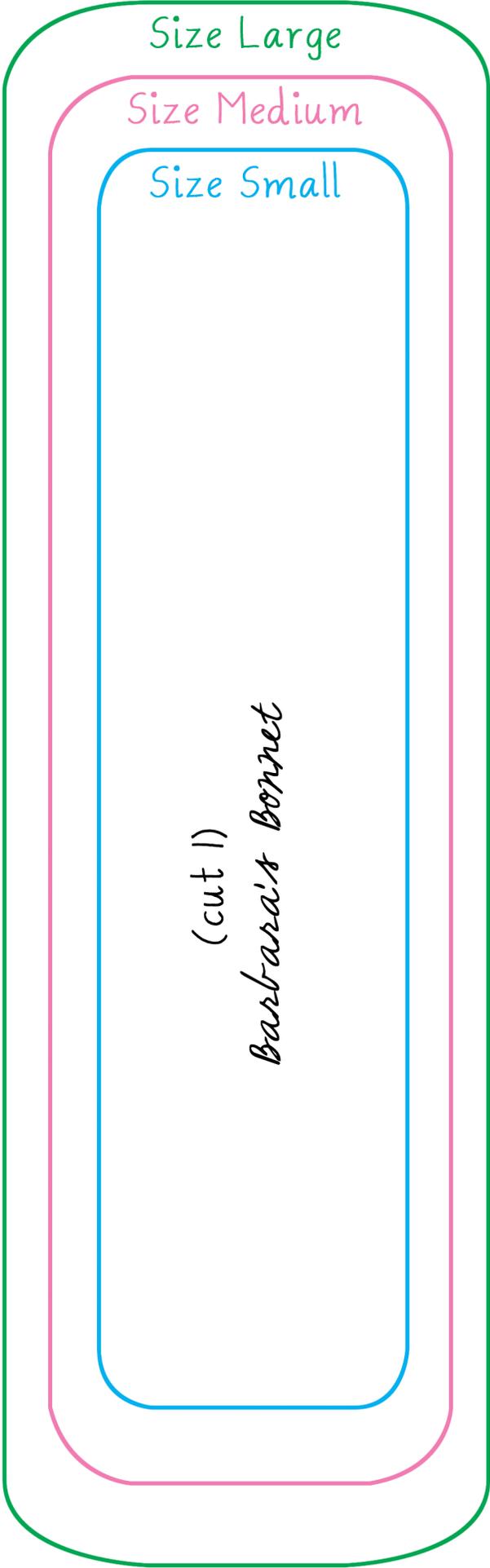












CKC  
yoyo flower  
(cut 1)

